



Robin SHEAR

Pro speaker, joy coach, author



Let Robin bring laughter, energy and purpose back to **your burned-out audience** with these topics:

- BURNOUT BUSTER: THE JOY OF BEING SPONTANEOUS
- A QUICK HIT OF JOY: HOW TO #FEELGOOD FAST
- FROM TURNOVER TO THRIVING WITH A JOYFUL CORPORATE CULTURE
- MESSY JOY: MIXING OPTIMISM INTO IMPERFECT LIVES
- OVERFLOW YOUR JOY BUCKET WITH REAL CONNECTION
- FINDING JOY DURING THE HECTIC HOLIDAY SEASON
- and MESSY JOY CHURCH CONFERENCES

Robin's ideal audiences include professionals in: leadership, healthcare, long term care, education, affordable housing, human services, ministry, and fields at risk of burnout. Her messages are customized and speak very directly to attendees' needs, ranging from 45-minute keynotes to full conferences. She won't speak "talking head" style, but she will bring fun and meaningful interaction! If you want your group to walk away in action mode, ready to live more joyfully and share their hope with others, book Robin.



Rare reviews for Robin

The most meaningful part was learning to get rid of the head trash that was keeping me from experiencing joy. - SS

I took 4 pages of notes! - DM

Robin's ability to spark joy and take the audience outside of the box in a matter of moments is astounding. - EC

I'm SO glad I went! We had so much fun.

I wish I could enjoy Robin's message all over again. - AM

If I could change one thing, I would make this longer. Robin is so funny and engaging, 5 hours went fast. - DB

Robin Shear helps depleted givers thrive. She's been featured in TIME Magazine, the Wall Street Journal and Psychology Today. Having spoken for TEDxDetroit, DisruptHR, MPI, National Head Start Association, National Organization for Human Services, Michigan Nursing Summit and many others, she ignites audience engagement, inspiring attendees to say, "I've never had that much fun learning." Robin is a board member of the National Speakers Association – MI. She especially enjoys in-person speaking engagements because her dog can't get on camera and steal the show.

Robin's best-selling book is an ideal companion guide



Contact
Robin

robin@joytotheworldcoaching.com

(517) 442-9707

www.robinshear.com

On Facebook, IG, LinkedIn, YouTube: @joycoachrobin

ROBIN'S SPEAKING TOPICS:

BURNOUT BUSTER: THE JOY OF BEING SPONTANEOUS

Here's good news for anyone in the trenches: Having fun can combat burnout. Through laughter and photo-filled stories, you'll get permission to play more. Examine your comfort zones and learn how being more spontaneous brings joy – to you and the people in your world. Feel the freedom of telling burnout goodbye!

FROM TURNOVER TO THRIVING WITH A JOYFUL CORPORATE CULTURE

If you're ready to decrease turnover and employee disengagement, you'll appreciate the difference these 3 strategies will make in your corporate culture. This experience is fun and interactive, inspiring real change in your team from the top down to the bottom up.

A QUICK HIT OF JOY: HOW TO #FEELGOOD FAST

You've seen the "choose joy" t-shirts and water bottles. You love the idea of choosing joy, but you don't know how. Learn 5 fun steps to help you have more actual joy and #feelgood fast. You'll laugh your way to real change!

MESSY JOY: MIXING OPTIMISM INTO IMPERFECT LIVES

It's expected that we will feel happy when all is right with the world. But what about when life isn't perfect? In this upbeat and laughter-filled presentation, explore the biggest obstacle to having more joy, the differences and similarities between happiness and joy... and which one you rely on most often. Knowing the difference will change the way you see your darkest days and allow you to mix real joy into your mess.

MESSY JOY CHURCH CONFERENCES

Do you want more joy in your imperfect life? You're not alone. Life's not social media perfect, but God meets us in the crazy and offers us goodness anyway. Joy Coach Robin will dazzle us with her energy as she shares her gift of finding joy despite the circumstances of life. We'll dig into the connection between the Christian faith and joy and walk away inspired to have more of both. Let's laugh and learn how to choose a life of messy joy, together! We'll leave with enough joy in our buckets to feel great personally, plus extra to share with a world in need. Guiding scripture (of many): James 1:2-4. The length and components of this event can be customized to your congregation's preferences.

OVERFLOW YOUR JOY BUCKET WITH REAL CONNECTION

You'll know how to have more joy in your life after this fun and heartfelt presentation about cultivating relationships. Because connection can be a rich source of joy even when we are down and out, you'll be inspired by stories of times that real connection was shared despite the odds, differences, and lack of resources. You'll want to reach out to the people in your path, finding unity and joy that's contagious

FINDING JOY DURING THE HECTIC HOLIDAY SEASON

We long for simplicity, authentic celebration and goodness during the holidays. We have great intentions of not getting swept away in the chaos... but despite our best efforts, soon we are overcommitted, behind on preparations, and burned out. This presentation will provide simple strategies that deliver real joy throughout the holiday season. Learn to be intentional, maintain focus, and soak up the goodness of the holidays, with the intention of giving your joy away.

